

Protecting Our Families Online

1. Filtering and accountability software for all computers and devices
2. Ongoing conversations about God's beautiful plan for love & sexuality
3. Monitor social networks
4. Age-appropriate conversations about the harms of pornography
5. Screen movies / secure TVs and satellite radio
6. Daily affirmations and prayers with kids / Regular Mass and Confession
7. Kids at their friend's houses? Are their parents taking these steps?



Archkck.org/MyHouse

Freedom From Pornography

Many good people have struggled with pornography who are now breaking free.

Archkck.org/MyHouse has:

- Articles about the brain science of sexuality
- Surprising myths about pornography
- Accountability to fight this battle with others

Our website has tests for addiction. If addicted:

1. Join a 12-step group - Kansas City - 913-647-0378 / Topeka - 785-220-0457
2. Meet with a counselor - a Catholic counselor list is at archkck.org/catholic-counselors
3. If married or dating, get support through SANON, Retrouvaille and couples counseling



Archkck.org/MyHouse